# **ST. PHILIP THE APOSTLE PARISH**

1233 W. HOLTZ AVENUE IN ADDISON, IL | 630.628.0900 | ST-PHIL.ORG

# **SUNDAY, JUNE 11, 2023**

# THE MOST HOLY BODY AND BLOOD OF CHRIST

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"Whoever eats my flesh and drinks my blood remains in me and I in him." - Jn 6:56

#### THE MISSION OF OUR PARISH

As members of the Diocese of Joliet, we are a faith community united in Christ by a common bond to the universal Catholic Church. Our words and actions are a reflection of Christ's presence among us. We manifest God's Word through active participation in spiritual, liturgical, educational, service, and social ministries directed at bringing all people to Christ.

#### Please join us for:

Masses at 8:00 a.m. on Monday, Tuesday, Thursday, Friday

Communion Service at 8:00 a.m. on Wednesday

Rosary at 8:30 a.m. on Monday-Friday

Individual Rite of Penance at 4:00 p.m. & Mass at 5:00 p.m. on Saturday

Sunday Masses at 8:00 a.m. & 10:00 a.m.

#### ST. PHILIP THE APOSTLE PARISH DIRECTORY & INFORMATION

Rectory Office Hours: Monday through Thursday (8:30 a.m. to 3:00 p.m.), Friday (8:30 a.m. to 2:30 p.m.) Rectory Summer Office Hours: Monday through Thursday (8:30 a.m. to 2:30 p.m.); Friday (8:30 a.m. to noon) Website: http://www.st-phil.org Facebook: https://www.facebook.com/StPhilipAddisonIL/

#### **RECTORY OFFICES**

1223 W. Holtz Avenue in Addison, IL 60101 Phone #: 630.628.0900 Fax #: 630.543.9858

> Fr. Binu Varghese, Pastor (x101); frbinu@st-phil.org

Deacon Sean McGreal, Pastoral Associate/RCIA Director (x105); smcgreal@st-phil.org

**Deacon Philip Heitz, OFS,** Marriage/Baptismal Preparation (x100)

> Stephen R. DiBrito Parish Business Manager (x103); sdibrito@st-phil.org

Judy Jaskey, Business Office Administrative Assistant (x102)

Dina Lanzi, Administrative Assistant (x100); rectory@st-phil.org

Carol Schubert Liturgy/Adult Faith Formation Director (x104); cschubert@st-phil.org

St. Vincent de Paul Society (x1 & then x5)



#### If you are a new visitor to our church today, welcome!

If you would like more information about our church or would like to

register in the parish, please contact any of the staff members listed above or fill out a simple on-line registration form at st-phil.org. **PARISH CENTER OFFICES** 

1233 W. Holtz Avenue in Addison, IL 60101

**MUSIC OFFICE** 

Bill Wilder, Music Director Office Hours: Tuesday-Sunday (various hours) Phone #: 630.543.4015 Fax #: 630.543.4672 bwilder@st-phil.org

**RELIGIOUS EDUCATION OFFICE** 

Phone #: 630.543.1754 Fax #: 630.543.4672 **Nancy McKnight**, Faith Formation Director stphilipre@gmail.com

Barbara Nicolai, RE Administrative Assistant Editor of Parish Bulletin, Calendar, Website bnicolai@st-phil.org

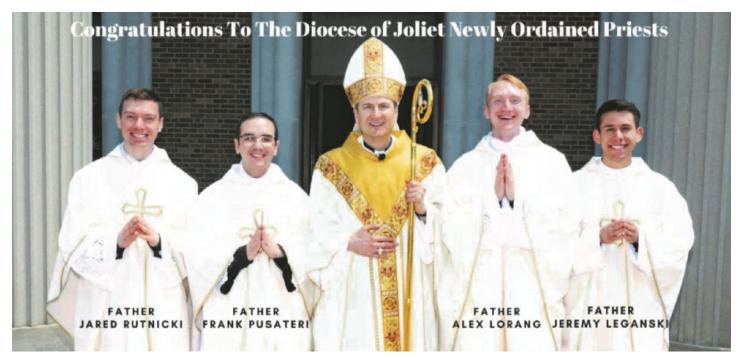
#### ST. PHILIP THE APOSTLE SCHOOL OFFICE

Phone #: 630.543.4130 Fax #: 630.458.8750 Julie Noonan, School Principal jnoonan@st-phil.org

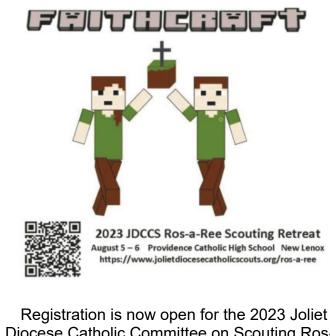
> Joann Wheeler School Administrative Assistant jwheeler@st-phil.org

#### PULPIT ANNOUNCEMENTS & BULLETIN DEADLINES

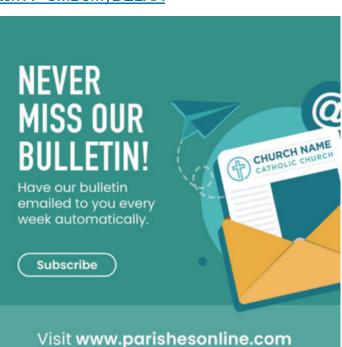
Parish staff reserves the right to accept/decline/edit pulpit announcements and bulletin submissions. Please submit pulpit announcements to Carol Schubert (cschubert@st-phil.org; 630-628-0900 x104) no later than the Wednesday preceding the desired weekend. Please send bulletin submissions to Barb Nicolai (bnicolai@st-phil.org; 630-543-1754) a week prior to desired publication date.



To watch a video of the new priests' ordination, please visit the following link: <u>https://www.youtube.com/watch?v=SMD9myDELXA</u>



Diocese Catholic Committee on Scouting Ros-a -Ree campout for Catholic Scouts! The Ros-a-Ree is an overnight event for Catholic scouts ages 12+ in Scouts BSA, Girl Scouts of the USA, and American Heritage Girls. The event will be held August 5-6 at Providence Catholic High School in New Lenox. The agenda will include inspirational speakers, a living rosary, a campout, service projects, and Mindcraft-themed scouting fun and games. For more information, see <u>https://</u> www.jolietdiocesecatholicscouts.org/ros-a-ree



Beginning this fall at Visitation Church in Elmhurst!
Biblical Institute in the Joliet Diocese
The Biblical Institute offers an in-depth study of the Bible presented by trained and experienced Catholic teachers.
Preview Night on June 12 (Monday) from 7:00 to 8:30 p.m. at Visitation Church
For more information call 630-852-9000 or email jgorski@mayslakeministries.org or visit mayslakeministries.org. Diocese of Joliet

Office of the Bishop



Blanchette Catholic Center 16555 Weber Rd. Crest Hill, Illinois 60403 www.dioceseofjoliet.org

Dear Friends,

On June 18, we celebrate some very special men in our lives — our fathers. The faithful family members who provide for us, guide us, and protect us. Happy Father's Day one and all!

As Catholics, we are blessed to have a second set of fathers in our lives — our spiritual fathers — by way of our priests. Something powerful to ponder. Our faith relationships begin with them almost as early on as the relationships we have with our own parents, as our parish priests initiate us into the Catholic faith through the sacrament of baptism!

Our priests dedicate their lives to serving us, at Mass and through the holy sacraments, and every day in countless ways. They walk beside us during our darkest hours and they share in the joy of our brightest moments.

Just as we give back to our loved ones in their elder years, we have the opportunity to do the same for our diocesan priests, or as many of us fondly refer to them as, our "family priests."

Our "Father's Day Collection for Infirmed & Retired Priests" helps meet the medical needs of our senior priests within the Diocese of Joliet. In addition, your financial support helps offset the costs associated with our fathers who are living in retirement homes and those who have fallen ill even before retirement age and require rehabilitation or long-term care.

Please take a moment to reflect in prayer how you can contribute. Every gift received helps our beloved "family priests" live humbly and comfortably in their golden years. On behalf of all who will benefit from your kindness and generosity, I thank you from the bottom of my heart.

Paz y bien,

+ Ronald a Hicks

Most Reverend Ronald A. Hicks Bishop of Joliet

Please use the give central link or QR Code to donate to "Father's Day Collection"

https://www.givecentral.org/Fathers-Day-Second-Collection



The Department of Catechesis and Evangelization is organizing the first annual retreat for parents of persons with disabilities. This will be held at Our Lady of Mt. Carmel Parish in Darien located at 8040 Cass Avenue on Saturday, September 23, 2023. There will be two sessions from which to choose: 9:00 a.m. to 12:30 p.m. beginning with 9:00 a.m. Mass or

> 1:30 to 4:30 p.m. ending with Mass at 4:30 p.m.

To receive updates on the planning and other events, please complete the survey at the QR code or email rcichowicz@dioceseofjoliet.org



Beginning this fall at Visitation Catholic Church in Elmhurst!

# Biblical Institute in the Diocese of Joliet

Here's your chance to learn about and join our excellent diocesan Bible school, now sponsored by Mayslake Ministries.

The Biblical Institute offers in-depth study of the Bible, from the Catholic point of view, presented by trained and experienced Catholic teachers.

#### Biblical Institute Preview Night - Visitation Catholic Church June 12 (Monday) 7:00-



7:00-8:30 p.m.



FOR MORE INFORMATION •Phone 630-852-9000 OR 630-698-8961 •Email igorski @mayslakerninistries.org •Web site mayslakerninistries.org

#### Eucharistic Processions will be held at the following parishes on or near the Solemnity of the Most Holy Body & Blood of Christ (Corpus Christi) on June 11, 2023

- St. Luke Church at 421 Cochise Court in Carol Stream 60188 immediately after the 10:00 a.m. Mass.
- Immaculate Conception Church at 134 Arthur Street in Elmhurst 60126 following the 9:00 a.m. Mass processing from the chapel to the church where Adoration will take place from 10:00 a.m. until just before the 7:00 p.m. Mass.
- St. Matthew Church at 1555 Glen Ellyn Road in Glendale Heights 60139 following the bilingual (English/Spanish) Mass at noon. Procession will take place around the block west of the church.
- Divine Mercy Church at 21W411 Sunset Avenue in Lombard following the 1:00 p.m. Mass.
- St. Charles Borromeo Church at 145 E. Grand Avenue in Bensenville 60106 following the 10:30 Mass from the church around the parking lot AND following the 12:00 Mass around the parking lot.
- St. Petronille Church at 420 Glenwood Avenue in Glen Ellyn 60137 following the 11:30 a.m. Mass.
- Holy Ghost Church at 254 N. Wood Dale Road in Wood Dale 60191 after the 10:30 a.m. Mass around the campus ending in the church for benediction.
- Christ the Servant Church at 8700 Havens Drive in Woodridge 60517 after the 10:00 a.m. Mass around the parish grounds.

*READINGS FOR THE WEEK OF JUNE 11, 2023 Sunday:* Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58 *Monday:* 2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/Mt 5:1-12 *Tuesday:* 2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16 *Wednesday:* 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19 *Thursday:* 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26 *Friday:* Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10 (see 17)/1 Jn 4:7-16/Mt 11:25-30 *Saturday:* 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12//Lk 2:41-51 *Next Sunday:* Ex 19:2-6a/Ps 100:1-2, 3, 5 (3c)/Rom 5:6-11/Mt 9:36—10:8

#### JULIE NOONAN St. Philip the Apostle School Principal

Phone #: 630.543.4130 E-mail: jnoonan@st-phil.org Office Hours: 7:15am-3:15pm



# Have a safe and happy Summer!

School Office Summer Hours

Tuesday, Wednesday, Thursday

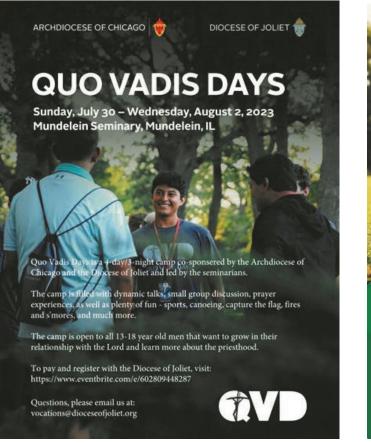
8:00 am to 12:00 pm

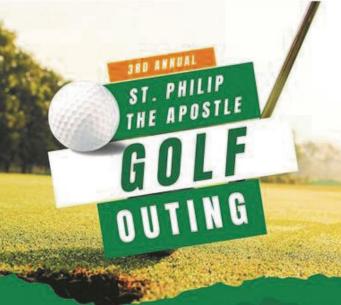
# God be with you!











JUNE 19 ITASCA 3 am Bre 10 am Sh

ITASCA COUNTRY CLUB 9am Breakfast & Bloody Mary Bar 10am Shotgun Start

Registration at stphilipgolf.ticket.qtego.net or scan QR Code



#### NANCY MCKNIGHT Director of Faith Formation





Registration for the 2023/2024 religious education classes is ongoing. There is a significant financial advantage if you register by July 1. Registration forms are available in the literature rack in the church narthex, on-line at st-phil.org, and in the RE Office. Completed registration forms and credit/debit card payments may be

returned by scanning/photographing them and emailing them to bnicolai@st-phil.org. They may also be put in an envelope marked "RE Office" and dropped in the weekend offertory basket or mailed to 1233 W. Holtz Avenue in Addison 60101. If you would like to pay by cash, please call 630-543-1754 to make an appointment to stop in the RE Office.

Please use the following reflection to help your family celebrate the Most Holy Body and Blood of Christ.

Gospel Reading (John 6:51-58) Jesus says, "I am the living bread."

Our faith teaches us that when we gather to celebrate Mass, Jesus is present to us. The bread and

wine truly become the Body and Blood of Christ. This is what we m e a n b y t h e w o r d transubstantiation: Jesus makes himself present to all who receive the Body and Blood of Christ.

If there are children in your family who have already celebrated their First Holy Communion, invite them to share their memories of this special day. If there are family photos taken on this occasion, bring them out and share them together. Adults in the family may also share memories or photos that they have of their First Communion. Then read together today's Gospel, John 6:51-58. Reflect together on what Jesus means when he calls himself the "living bread." Recall that every time we receive the Eucharist, Jesus keeps the promise he made in today's Gospel-those who eat his flesh and drink his blood will remain forever connected to him. Perhaps family members can share what it means for them to receive Jesus in the Eucharist. Together thank God for this gift of Holy Communion. Pray together the Lord's Prayer or today's Psalm.



#### CAROL SCHUBERT Director of Liturgy & Adult Faith Formation



E-mail Address: cschubert@st-phil.org Phone #: 630.628.0900 x104 Office Hours: Monday-Thursday, 9am-3pm Sunday, 7am-10am

On the night of the Last Supper, Jesus broke bread and proclaimed it his body. He took the cup filled with wine and declared it his blood. Jesus entrusted the promise of eternal life to two of the most essential—and enjoyable!—human actions: eating and drinking. Jesus does not require special skills to attain eternal life. Rather he reveals

the hope of everlasting joy in heaven from the ordinary fruits of the earth. Jesus' gifts of the bread and wine, his very body and blood, make the heavenly kingdom accessible to all who believe. Our regular partaking of the body and blood in the Eucharist strengthens us for the journey to heaven and draws us around a common table with others who believe in the power of Christ. The body and blood of

Ministry Schedule for June 17/18, 2023		
Saturday 5:00 p.m.	Lector: Janet Baier Extraordinary Ministers: Carol Cesario, Bonnie Daniello, Jennifer Panzeca, Liz Rendina Altar Servers: Mason Lofton, one needed Ushers: Michael Grigsby, Jim Panzarella, Mike Provinzino, Dave Schwichtenberg Celebrant: Fr. Binu Varghese	
Sunday 8:00 a.m.	Lector: Ramona Sowada Extraordinary Ministers: Deacon Phil Heitz, Rita Ferenzi, Debbie Sramek, Stella Kordeluk Altar Servers: Carli Fachet, Valentina Lazarra Ushers: Dan Fachet, Jack Ochocinski, Mike Gawlik, one needed Celebrant: Fr. Binu Varghese	
Sunday 10:00 a.m.	Lector: Laurie Ann Ardito Extraordinary Ministers: Lilly Katavic, Jennifer Calabrese, Michael Bruntz, Louise Russo Altar Servers: Vinny Calabrese, Bella Velsasco Ushers: Angela Addante, Pat Corcione, Dave Marshall, Trinh Tran Celebrant: Fr. Binu Varghese	



Do you hear God calling you to ministry in the church? We need men, women and children to become Lectors.

Communion Ministers, Ushers, and Altar Servers. Please call Carol Schubert at 630-628-0900 x104 if you want to answer the call... Christ is entirely gift—a grace-filled meal. We cannot earn our place at the Eucharistic table, nor can we lose our seat. Jesus sat among saints and sinners at the Last Supper and throughout his earthly ministry. He welcomed all to join in the feast—and he continues that welcome to us today. We are invited to receive the bread of life and the cup of salvation each week.

Source: Living Liturgy, Liturgical Press

#### RECOGNIZE GOD IN YOUR ORDINARY MOMENTS By Colleen Jurkiewicz Dorman The Priesthood and the Eucharist

"These two Sacraments were born together," wrote St. John Paul II of the priesthood and the Eucharist, "and their destiny is indissolubly linked until the end of the world." The Eucharist is such a beautiful example of how God, conscious of our limitations, bends to meet us. He once came to us cloaked in the flesh, that we might recognize Him. Now He comes as the very means by which we nourish ourselves: food and drink, the most familiar and comforting thing in the world to us. How easy He makes it to fulfill his command that we become one with Him. How generous He is to make such a sacred

thing also accessible. We can say the same of the priesthood, and of the men He calls to its number. How generous of Him to make such an accessible thing—our sons, our brothers, our uncles, our cousins—sacred. How generous of Him to allow these human creations—who share in our own faults—to be the means through which He comes to us in the Eucharist. Without the Eucharist, we would have no eternal life. Without priests, we would have no Eucharist. On this, the Solemnity of the Most Holy Body and Blood of Christ, let's give thanks for our priests, and redouble our prayers that God will send us good and holy ones—manna from Heaven in our wandering exile. *"Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day."* (John 6:54)

#### DEACON SEAN MCGREAL Pastoral Associate & RCIA Director



Phone #: 630.628.0900 x105 E-mail Address: smcgreal@st-phil.org Office Hours: Tuesday-Friday, 8am-2:30pm Weekends as needed

A priest named Fr. Ricardo was serving in Detroit some years ago when he was asked by an Evangelical Christian if he had a personal relationship with Jesus Christ. His response was that, *"Every day I hold Jesus in my hand and consume his Body* 

and Blood in the Eucharist...how much more personal can you get?" The Eucharist is the source and summit of our faith and life. It is the source because Christ instituted this meal on Holy Thursday and, through the sharing of this meal, we are bestowed with a wellspring of grace that enables us to live our lives in intimate union with our God. All the sacraments find their meaning through the Eucharist. When Christ became man by the power of the Holy Spirit, he demonstrated his love for us by sharing in every facet of our human life. By his death on the cross, Christ freed us from sin and draws us to his Father. The Body and Blood of Christ that we celebrate today, and every time we partake in this sacred meal, brings us into union with the life, passion, death, and resurrection of Jesus. The grace we receive is our spiritual food to live out the plan that God himself has for our lives. This grace gives us the strength to use the gifts God has blessed us with to transform our world into his Kingdom. Through this communion, we are also united with all those living and dead who believe in Him who came to give life and to give it abundantly. The simple meal becomes extraordinary through the grace which God himself offers for our benefit. We become the living Body of Christ, the Church. Each time we receive the Body and Blood of Christ, our Risen Lord, we affirm our faith in Jesus and acknowledge all that he has done for us. Our responsibility then is to bring others to God in great and small ways. In doing so, we let the light of Christ shine into the lives of all those we meet.



You are cordially invited to attend the Diocese of Joliet Grandparents' Mass on July 23, 2023, at 2:00 p.m. at the Cathedral of St. Raymond in Joliet. Bishop Ronald Hicks

will be the celebrant. All are welcome! Please RSVP by calling Jessica Kreiter at 815-221-6192.

Weekend Offertory for May 27/28, 2023 Actual Offertory: \$11,418 Budget Offertory: \$13,680 Favorable/(Unfavorable): (\$2,262)

Weekend Offertory for June 3/4, 2023 Actual Offertory: \$14,140 Budget Offertory: \$13,680 Favorable/(Unfavorable): \$460

Fiscal Year to Date - July 1, 2022, to June 30, 2023 Actual Offertory: \$612,561 Budget Offertory: \$670,309 Favorable/(Unfavorable): (\$57,748)

Thank you for your generosity!

UPCOMING EVENTS FOR THE WEEK OF June 12 to 18, 2023			
Monday 06/12/23	Vacation Bi (9:00 a.m. 9:00 a.mArt & Enviror 6:30 p.mLegion of Ma	<i>to noon)</i> nment (CH)	
Tuesday 06/13/23	Vacation Bible School (9:00 a.m. to noon)		
Wednesday 06/14/23	Vacation Bible School (9:00 a.m. to noon)		
Thursday 06/15/23	7:00 p.mNourish for Caregivers (R1)		
Friday 06/16/23			
Saturday 06/17/23			
Sunday 06/18/23	Fathers' Day		
R1 - Meeting Ro	om 1 IB - Library	R2 - Meeting Room 2	

R1 - Meeting Room 1 LB CH - Church FR - F GY - Gym RE -VR - Vesting Room MR -

LB - Library FR - Faculty Room RE - RE Office MR - Music Room

R2 - Meeting Room 2 RC - Rectory OS - Off site NX - Narthex

# **MASS SCHEDULE & INTENTIONS**

MONDAY, JUNE 12 8:00 AM Alphonse Sowada Abbiudaya Bhalla

TUESDAY, JUNE 13 8:00 AM Edward Celler / Anthony Russo

WEDNESDAY, JUNE 14 8:00 AM (Communion Service)

THURSDAY, JUNE 15 8:00 AM Carmella Cronin

**FRIDAY, JUNE 16 8:00 AM** Sacred Heart of Jesus Diane Trekas / Rich Nadboralski Pratibha Bhalla

### SATURDAY, JUNE 17

4:00 PM INDIVIDUAL RITE OF PENANCE 5:00 PM Anticipated Mass for Sunday People of the Parish

#### SUNDAY, JUNE 18

*Eleventh Sunday in Ordinary Time* **8:00 AM** People of the Parish **10:00 AM** People of the Parish



Let us remember in prayer our deceased relatives, friends, and parishioners, especially:

Antonio Cesario

Kenneth Svoboda, Jr.

Our sympathy to their friends and families.

The Pro-Life Action League invites you to join the "Face the Truth" Tour, an annual pro-life public education initiative. Pro-life volunteers will hold signs at major intersections across Chicagoland from June 9-17. For a complete tour schedule, visit prolifeaction.org or call 630-896-1200.

#### ABORTION ALTERNATIVES

Waterleaf (630-701-6270), Post Abortion Healing (877-467-3463), Birthright (800-550-4900, 24 hours) Please pray for our sick & shut-in and those who are healing & convalescing...



Jenny Bellezza, Ray Bugielski, Alison Carey, Toni Cheloni, Brian Cherry, Tim Kullum Cherry, Sylvia Culotta, William Czerniak, Jack

D'Angelo, Michael DeStefano, Leo Di Fazio, Todd Gardener, John Garrett, Lucas Hameau, Anita Harshbarger, Tom Hemstreet, Ifrena Holtz, Judy Jaskey, Joyce Klein, Maria Komperda, Kroll Family, Jim Lamberti, Domenico Latrofa, Nicholas C. LaValle, Shirley Legaspi, Janet Lombardi, Sandra Lundgren, MacMillan Family, Cindy Miles, JoAnne Moberg, Rhodes Modelski, Vito Montana, Sam Mulay, Geri Mulcahy, Avery Quarles, John Rossi, Rita Seidl, Bill Slovik, Wanda Slupik, Louis Sommesi, Mary Taschetta, Raymond Troksa, Jim Wright.

Please get permission from family members or the person who is ill before requesting that his/her name be added to the prayer list. To add names to the list, please call 630-543-1754 or email bnicolai@st-phil.org. Names are deleted from the list after six months unless a request is made for a perpetual listing.

# PRAY FOR OUR<br/>★ ★ ★ ★<br/>MILITARYPlease pray for all of our young men<br/>and women currently serving in the<br/>Armed Forces, especially:

Richard Avila, Marines Salvador Bonilla, Jr., Air Force Elijah Burgins, Marines Emiliano Carrazco, Marines Kevin Catano, Marines Steven J. DeMarco, Army Matthew Deimling, Army Jack Domek, Marines Adam Dorney, Army Samantha Fallon, Navy Diego Feros, Army Blaze Galardy, Air Force Martin Garcia, Army Mark Jastowski, Marines Dylan Johnson, Army José Juarez, Navy Paul Keppler, Navy Ben Krause, Marines C. J. Loveland. Air Force Kristofferson Marzo, Army

Andrew Maslanka, Army Matthew Maslanka, Army Anthony Milazzo, Navy Ryan Mills, Air Force Billy Moncatch, Marines Jason Okara, Army Enrique Ospina, Marines Adam Ostrander, Navy Cole Parent, Marines Randall Petrbok, Air Force James Roman, Marines Ryan Ruizol, Navy Andrew Tarchinski, Army Patrick Tobias, Air Force Isaiah Wuich, Marines

To add a name to the list, please call 630-543-1754 or email bnicolai@st-phil.org. **Baptism Information:** Baptisms are celebrated on the second & fourth Sunday of each month. A pre -Baptism program must be attended by the parents. Please call the rectory to register for a program.

**Marriage Information:** Please call the rectory to make arrangements at least six months (a year is preferred) in advance of the wedding date. It is recommended you do not rent reception facilities until your wedding date is confirmed with the pastor. Your preferred wedding date may be unavailable, and we do not want you to lose your deposit with the reception venue.

**Parish Registration:** New families are welcome and are asked to register at the rectory. Also, previously registered parishioners are asked to notify us of any address changes.

**Emergency Sick or Anointing Calls:** Please notify us immediately of any serious illness in your family. If you have a hospitalized loved one who would like a visit, please call the rectory with contact information since the hospitals and hospices no longer notify parishes. Please do not wait until the last minute to have someone anointed. There are always accidents/emergencies, but sometimes there is less panic when the anointing can be done prior to someone passing.

We now have available low-gluten hosts which make it possible for people who have celiac disease or allergies to wheat or gluten to be able to receive communion. If you have celiac disease or an allergy to wheat or gluten, please let us know before Mass so that arrangements can be made for you to be able to receive communion at Mass.

