



Information, strength and connection during the caregiver journey, with a Christ-centered view.

Nourish for Caregivers supports and empowers caregivers through the gift of faith.

We meet caregivers where they are and support them in churches, healthcare facilities, and homes across the country.

Unlike other caregiver support groups, we stand alone in offering a Christ-centered curriculum to address the spiritual needs of caregivers, along with their practical and emotional needs.

Our groups explore the most common challenges every caregiver faces—in a welcoming and encouraging environment.

Typically held monthly, each session includes prayer, practical information, topic exploration, group activities, and open sharing.

Plain and simple, we care for caregivers. And, in caring for the caregiver, we know that their loved one experiences better care too.

For more information on Nourish for Caregivers offered here at St. Philip the Apostle Parish, please contact Deacon Sean McGreal at 630-628-0900 x105 or email smcgreal@st-phil.org or Carol Schubert at 630-628-0900 x104 or email cschubert@st-phil.org.