

St. Philip the Apostle  
Sleep Out Saturday  
November 4, 2023



Thank You for Participating!  
Please watch

<https://www.youtube.com/watch?v=LZsxj9kOvQY&feature=youtu.be>

2018 SOS video featuring St. Philip the Apostle!

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| 5:00     | Set up tents or boxes in your yard, or prepare your car.   |
| 6:30     | Watch virtual rally from Bridge Communities  |
| 8:00     | Soup & Bread Dinner  |
| 9:00     | Night Prayer   |
| 11:00 PM | LIGHTS OUT – GOOD NIGHT – STAY WARM  |
| 5:00 AM  | Wake Up, pack up your tent   |
| 6:00     | Simple Breakfast – record your experience and what you have learned from it either by video or journaling. Turn in to your Catechist or Carol Schubert. <b><i>This must be turned in to get credit for service work!</i></b> |

Say a closing prayer together as a family.

Challenge: We are challenged this year to carry out the mission of Sleep Out Saturday, which is to raise awareness and raise funds for homeless brothers and sisters right here in DuPage County. Our goal this year is to raise \$3500.00. Please, please, invite friends and relatives to participate in this meaningful event by sleeping out, and making a donation to Bridge. Invite three or more families to participate! Send our fund raising letter to 10 or more people that you think will support your efforts.

Together, we can meet our goal! Help is needed this year more than ever.

## **General Rules:**

No member of the opposite sex may visit, socialize or sleep in your tent/box/car – unless it is a parent or sibling.

No one is allowed to leave the grounds of your home for any reason – unless a parent accompanies you.

Cell phones must be silenced and not used (unless there is an emergency) for the duration of the event.

During free time, you may play cards, board games, or play a guitar. You may not play video games, listen to music on tablets or phones, or use any other electronic device.

You may eat snacks if you need them for health reasons. DO NOT make S'Mores or hot dogs or use your outdoor fire as a grill. Limit snacks to granola bars and water if possible.

If you choose to sleep in your car, it may not be running during the night.

Remember that the purpose of sleeping outside is to experience what a homeless family might experience on a long and cold night. They would not have access to a bathroom, warm bed, refrigerator full of food, electricity or running water.

What to remember:

### **DONATIONS TO BRIDGE COMMUNITIES**

**Invite others to participate!**

**Social distance and wear masks if others join you!**

Wear warm clothes: hat, gloves, heavy coat, boots, warm pants, sweatshirt

Playing cards or board games

Guitar to play for sing along

Snack

Record your experience during breakfast with your family. Send it back to us!

[cschubert@st-phil.org](mailto:cschubert@st-phil.org)

Take a picture of your sleep out site, or video record your site.

***This must be done to get credit for service work!***